

EVIDENTIALY



Evidence-based dentistry

Rochestown Park Hotel, Cork, April 16-18, 2015

2015 sees the return of the Annual Conference to the City of Cork.

On behalf of the Irish Dental Association it gives me great pleasure to welcome you all to Cork in April 2015. Our conference takes place from Thursday April 16 to Saturday April 18 next at the Rochestown Park Hotel and promises to be both a highly educational and entertaining event.

I'm very grateful to the members of the conference committee who have worked hard to produce an outstanding programme of world-class speakers from home and abroad. I am particularly pleased to welcome such well-known speakers as Professor Terry Donovan, restorative expert from the University of North Carolina, Dr Linda Greenwall, aesthetic and tooth whitening expert from London, and composite expert Dr David Clarke from the US, and I am delighted to welcome back Dr Tim Donley, a periodontist from Kentucky who visited us in 2012 in Kerry, and Professor Ken Kurtz, a prosthodontist from New York who was with us in 2009 in Kilkenny. I am also delighted to have on the programme Dr Ben Goldacre, medical doctor and author of books such as *Bad Science*, who controversially looks at the misuse of science to back up medical theories. The best of local talent from both academic and practitioner disciplines will also make very practical presentations, from which everyone should have some take-home gems.

We will continue with the revised format of 2014, with two parallel sessions on both Friday and Saturday. Friday will continue to offer a programme relevant to all members of the dental team but there will also be an alternative programme for those interested in more clinical subjects.

As in previous years, the dental trade show will showcase new and advanced products, equipment and technology from the dental industry. All members of the dental team will have the opportunity to discuss new products and the various advancements in products and services with our trade colleagues.

No conference is complete without a varied and exciting social programme, and this year will include the trade show party on Thursday night, our annual fun run, golf and our flagship social event – our Annual Dinner on Friday evening.

A busy, vibrant and lively city, Cork offers visitors the very best in hospitality to create a great location for 'Evidently' in 2015. Put the dates in your diary now.

See you in Cork!



Anne Twomey
President Elect

I 2015, fillfidh an Comhdháil bhliantiúil ar Chathair Chorcaí.

Ar son Chumann Fiaclóirí na hÉireann, is mór an onóir dom fíor chaoine fáilte a chur romhaibh go Corcaigh in Aibreán 2015. Beidh an chomhdháil ar siúl idir Déardaoin, 16 Aibreán agus Satharn, 18 Aibreán ag Óstán Páirc Bhaile an Róistigh. Tá an cuma ar an gcomhdháil go mbeidh sí oideachasiúil agus taitneamhach.

Táim an bhuíoch do Choiste na Comhdhála a d'oibrigh go dian chun clár d'aoichainteoirí den scoth a eagrú. Beidh siad ag teacht ó chian is ó chóngar.

Táim thar a bheith sásta fáilte Uí Cheallaigh a chur roimh An tOllamh Terry Donovan, saineolaí chaomhnaithe ó Ollscoil Carolina Thuaidh, An Dr Linda Greenwall, saineolaí aeistéitiúil agus bánú na bhfiacal ó Londain, agus saineolaí ar líonta bána, An Dr David Clarke, ós na Stáit Aontaithe. Cuirim fáilte roimh An Dr Tim Donley, saineolaí na ndrandaíl ó Kentucky, a thug turas orainn i 2012 i gCiarraí agus an tOllamh Ken Kurtz, saineolaí chaomhnaithe ó Nua Eabhrac, a bhí inár dteannta i gCill Chainnigh i 2009.

Tá ríméid orm, An Dr Ben Goldacre a bheith ar an gclár, doctúir agus údar ar leabhair mar *Bad Science*, a fhéachann go conspóideach ar míúsáid na heolaíochta chun tuairimí leighis a neartú. Beidh togha na bhfiacloirí áitiúla, idir fiaclóirí acadúla agus gairmiúla ag tabhairt taispeántaisí suimiúla ina mbeidh rudaí luachmhara le foghlaim uathu.

Leanfaimid leis an gcrut nua ó 2014 don chlár, le dhá sheisiún ar an Aoine agus ar an Satharn. Beidh clár ar an Aoine a bheidh oiriúnach do gach bhall den bhfoireann fiaclóireachta. Beidh clár eile ann mar rogha dóibh siúd le suim acu in ábhair cliniciúla.

Mar a bhíonn gach uile bhliain, beidh taispeántas ag comhlachtaí fiaclóireachta chun rudaí nua idir trealaimh agus an theicneolaíocht a chur ós ár gcomhair. Beidh seans ag na baill uilig den bhfoireann fiaclóireachta na táirgí a mheas agus an dul chun cinn sna táirgí nua agus na seirbhísí nua a phlé leis na comhlachtaí.

Ní bheadh aon comhdháil foirfe ann gan clár leathan d'ócáidí shóisialta, agus i mbliana, beidh cóisir leis na comhlachtaí fiaclóireachta ar oíche Déardaoin, an rás spraoi bhliantiúil, an ghaif agus an bhuachphointe, an dinnéar bhliantiúil ar thráthnóna Dé hAoine.

Is cathair gnóthach, spleodrach agus lán de bheocht í, Chathair Chorcaí. Is cathair í ina mbíonn fáilte roimh cuairteoirí i gcónaí. Is suíomh iontach í i gcomhair 'Evidently' i 2015. Cuir na dátaí id' dhialann anois.

Cífeadsa sibh i gCorcaigh!



Fintan Hourihan
CEO

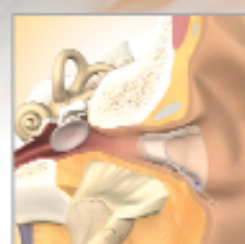
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Irish Dental Association
Annual Conference

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INTRODUCTION

AGM

The Annual General Meeting of the Irish Dental Association and also the Irish Dental Union will take place at **6.00pm on Thursday, April 16, 2015 in the Estuary Suite.**

All members are urged to attend this important meeting.

REGISTRATION

Thursday 8.30am – 5.00pm

Friday 8.00am – 5.00pm

Saturday 9.00am – 11.00am

All delegates must register before attending any of the conference sessions.

CONFERENCE BADGES (No badge – no entry)

Conference badges must be worn to gain admittance to any of the scientific sessions and trade show. Your co-operation would be appreciated.

INFORMATION DESK

An information desk is located in the Conference Centre to deal with any queries you may have. All workshops can be booked here. Social events may also be booked here.

CONTINUING PROFESSIONAL DEVELOPMENT (CPD)

Sessions have been approved for continuing professional development (CPD) points.

Forms will be available for each morning and afternoon session at the accreditation desk in the Conference registration area. For each morning/afternoon session you attend, a separate form must be signed and must include your accreditation number (Dental Council Registration Number). It is the responsibility of each dentist to keep a record of his/her CPD points annually.

ANNUAL DINNER

The Annual President's Dinner Dance will take place on **Friday April 17.** Dress code is black tie. Tickets can be booked by contacting IDA House.

(Tickets cannot be guaranteed after Wednesday, April 15.)

COURTESY

Please ensure that noise is kept to a minimum around the conference area during scientific sessions, so as not to disturb those attending the session.

MOBILE PHONES

Use of mobile phones is not permitted in the conference area. Please ensure that all phones are turned to silent during lectures.

CONFERENCE COMMITTEE



Donal Blackwell
Chairman



Judith Phelan



Pat O'Driscoll



Kieran O'Connor



Elaine Hughes

PROGRAMME COLOUR CODE AND CONTENTS

Pre-Conference Programme 6

Dental Team Day 9

Dentists' programme 11

Dental nurses' programme 12

Dental hygienists' programme 12

Dental technicians' programme 12



**REVIEWING CONTEMPORARY PROSTHODONTIC PRACTICE:
REMOVABLE PARTIAL OVERDENTURES – AN UNDERUTILISED MODALITY?**

BIRCH SUITE

Two half-day hands-on courses. 9.30am – 1.00pm or 2.00pm – 5.30pm

Professor Ken Kurtz

One or two implants attached to a removable partial denture can create a stable and clasless aesthetic replacement for multiple missing teeth. Strategic placement of these implants with an understanding of additional future implants to allow for a definitive fixed prosthesis will be discussed. The importance of removable partial denture design will also be reviewed in detail. Participants in this hands-on course will attach locators to a complete denture base.



**CROWN LENGTHENING – TECHNIQUES FOR IMPROVING SUCCESS
IN RESTORATIVE AND COSMETIC DENTISTRY**

WILLOW SUITE

Half-day hands-on course. Afternoon only: 2.00pm – 5.30pm

Drs PJ Byrne and Declan Corcoran

This practical half-day, hands-on course will review the indications for and applications of clinical crown lengthening as an integral part of comprehensive diagnosis and treatment planning for your patients. The current surgical and non-surgical techniques will be reviewed with regard to obtaining the optimum functional and aesthetic results in your patients.

Through a series of clinically based presentations, followed by practical hands-on teaching sessions on periodontal manikin head models, the presenters will guide participants through the techniques, help you to identify the easy from the difficult cases, illustrate the practical applications and limitations, guide you on what to avoid and encourage you on what to 'take on' in terms of clinical crown lengthening.

You will have the benefit of the clinical input of two experienced clinicians delivering this practical course, which will increase your exposure to the maximum variety of techniques.



**PERIODONTICS HANDS-ON WORKSHOP FOR DENTISTS:
TRANSLATING TECHNOLOGY INTO PRACTICE**



LAUREL SUITE

Half-day course. 9.30am – 1.00pm

Dr Tim Donley

It no longer needs to be confusing. Should you use hand instruments or ultrasonics? Will local antibiotic therapy be helpful? Would this patient benefit from host modulation therapy? In a busy office, these decisions have to be made chairside many times a day. Evidence clearly suggests that there is a preferred way for clinical dentists and hygienists to manage periodontal disease. As the economic screws continue to tighten, the more successful practitioners will be the ones that can consistently deliver the highest level of care in the most efficient manner.

Learning how to formulate a clear approach as to what to use and how to use it is the focus of this very special half-day workshop. Attendees will leave with a clear vision of what to look for, what to say and what to do every time they sit down and pick up a probe. After learning the rationale behind maximally efficient diagnosis and therapy, attendees will have the opportunity to put these concepts to use in live patient demonstrations.

Attendees will learn:

1. A concise method for determining which sites to treat in which patients.
2. The strengths and weaknesses of the available methods of debridement.
3. How to use ultrasonic instrumentation properly.
4. How to become more comfortable with instrument selection and technique application – critical skills that will improve clinical efficiency and allow you to deliver more successful treatment outcomes in your day-to-day practice.
5. To identify various modifying factors which influence and/or change instrumentation protocols such as root anatomy, furcations and oral conditions:
 - list criteria for the appropriate selection of ultrasonic inserts to address specific patient needs; and,
 - demonstrate the correct technique for utilisation of the ultrasonic scaler to include insert and power selection, lavage flow, grasp, fulcrum, tip adaptation, and stroke.
6. A site-specific philosophy of debridement that can make the debridement visit more effective and more productive.
7. A treatment protocol that makes deciding what to use and when to use it easy:
 - a. using risk assessment to determine level of treatment aggressiveness;
 - b. when to use local antibiotic therapy; and,
 - c. when to use host modulation therapy.
8. What to say to help your patients and help your practice.



HANDS-ON TRAINING TO HELP HYGIENISTS CAN MAXIMISE THE POWER OF ULTRASONIC DEBRIDEMENT

Half-day course. 2.00pm – 5.30pm



LAUREL SUITE

Dr Tim Donley

It no longer needs to be confusing. If you want to maximise the chance for resolution of periodontal disease it is time to put down the curette and pick up the ultrasonic. Come and learn which device and which inserts you should use. You will learn which sites and which patients you should treat, and leave with a new level of confidence in using the ultrasonic for debridement.

Attendees will learn:

1. A concise method for determining which sites to treat in which patients.
2. The strengths and weaknesses of the available methods of debridement.
3. How to use ultrasonic instrumentation properly.
4. How to become more comfortable with instrument selection and technique application – critical skills that will improve clinical efficiency and allow you to deliver more successful treatment outcomes in your day-to-day practice.
5. To identify various modifying factors which influence and/or change instrumentation protocols such as root anatomy, furcations and oral conditions:
 - list criteria for the appropriate selection of ultrasonic inserts to address specific patient needs; and,
 - demonstrate the correct technique for utilisation of the ultrasonic scaler to include insert and power selection, lavage flow, grasp, fulcrum, tip adaptation, and stroke.
6. A site-specific philosophy of debridement that can make the debridement visit more effective and more productive.
7. A treatment protocol that makes deciding what to use and when to use it easy.
8. What to say to help your patients and help your practice.



BETTER, FASTER, PRETTIER ANTERIOR COMPOSITES

Full-day hands-on course. 9.30am – 5.30pm



MAPLE SUITE

Dr David Clarke

Morning

Direct composites are underappreciated in today's world of implants and computer-assisted ceramics. Yet composite can be the least invasive, most natural and wonderfully aesthetic of all restorations. Join Dr Clarke to experience a unique approach to modern resin dentistry. Participants will perform injection moulding to create ideal margins, rounded emergence profiles, and mirror smooth restorations in four exercises: deep anterior caries; peg lateral; black triangles; and, back to back midline diastema. Participants will learn to use heated composite in special step down tips.

Afternoon

Posterior tooth preparations have not been reinvented from the 1890 G V Black models. Those preps have no place today in composite dentistry. Participants will prepare and injection mould fill modern class I (Fissurotomy) and class II (Clark Class II non-retentive infinity edge). Clinical tips for modern instruments will be shared. Participants will learn and perform the five new steps to achieve rock solid posterior composite contacts. A bonus exercise of peg lateral treatment will be performed to teach the concept of injection moulding of composites.



PRACTICAL PEARLS FOR CLINICAL USE: A DAY WITH TERRY DONOVAN

Full-day lecture. 9.30am – 5.30pm

ESTUARY SUITE

Professor Terry Donovan

The contemporary restorative dentist has an increasing evidence base to consult when making both treatment planning and therapeutic decisions. However, there are numerous areas of controversy where the evidence does not provide a clear answer without interpretation. This presentation will discuss several controversial topics related to restorative dentistry and attempt to provide guidance based on the best available evidence.

Topics to be discussed include:

1. An evaluation of current ceramic materials.
2. Diagnosis and management of dental erosion.
3. Current controversies in restorative dentistry, including: amalgam vs. composite resin; tooth reinforcement with adhesive materials; aetiology and management of non-cariou cervical lesions; bonding of zirconia restorations; direct pulp capping: MTA vs. calcium hydroxide; metal vs. flexible endodontic dowels; implants vs. endodontics; cemented vs. screw-retained implant-supported restorations; cordless gingival displacement; and, occlusal vertical dimension.

IDU ANNUAL GENERAL MEETING FOLLOWED BY IDA ANNUAL GENERAL MEETING

ESTUARY SUITE

6.00pm

Sensodyne[®] with NovaMin[®]

Advanced technology for your patients with dentine hypersensitivity

Clinically proven sensitivity relief

NovaMin[®] builds a hydroxyapatite like layer over and within exposed dentine tubules,^{1,2} **repairing your patients' dentine, to provide clinically proven sensitivity relief.***

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The robust NovaMin[®] layer binds firmly to collagen in dentine^{3,4}, and resists daily physical and chemical oral challenges,^{5,6,7} **helping to protect against the future pain of dentine hypersensitivity.**



Recommend Sensodyne[®] with NovaMin[®] for specialist expertise in dentine hypersensitivity care

References: 1. Farwell A et al. J Clin Dent 2010; 21 (Spec Iss): 66-71. 2. L'Attina D, Greenstein DG. J Clin Dent 2010; 21 (Spec Iss): 72-76. 3. West NX et al. J Clin Dent 2011; 22 (Spec Iss): 82-89. 4. Lari JA et al. J Clin Dent 2011; 22 (Spec Iss): 62-67. 5. Carl JS et al. J Clin Dent 2011; 22 (Spec Iss): 60-73. 6. D'Elordi GC et al. J Mater Sci Mater Med 2002; 13 (8): 557-565. 7. Harrison CH & Wilson RL. J Clin Dent 2011; 22 (Spec Iss): 74-81. 8. Wang Z et al. J Dent 2008; 36: 400-410.

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*with twice daily brushing

CHSE/CHSENO/0039/1410

TEAM PROGRAMME		ESTUARY SUITE	ALTERNATIVE PROGRAMME		MARQUEE
9.00 – 10.00	How to use the oral systemic link to help your patients and your practice Tim Donley		9.00 – 10.00	Dementia – caring for our patients with dementia Alison Dougall	
10.00 – 11.00	Whiter, whiter, whitest: success strategies for predictable tooth whitening Linda Greenwall		10.00 – 10.30	Dermatology for dentists Michelle Murphy	
			10.30 – 11.00	Fluoride and public dental health 70 years on. Is it still relevant? Helen Whelton	
11.00 – 11.30	TEA/COFFEE		11.00 – 11.30	TEA/COFFEE	
11.30 – 12.30	Diagnosis and management of dental erosion Terry Donovan		11.30 – 12.15	Stuff happens and we ignore the evidence John Tiernan	
12.30 – 1.00	Top ten endodontic tips for general practitioners Pat O’Driscoll		12.15 – 1.00	Risk assessing potential medical challenges to predictable treatment provision StJohn Crean	
1.00 – 2:00	LUNCH		1.00 – 2.00	LUNCH	
2.00 – 3.00	Contemporary aesthetic anterior composite dentistry David Clarke		2.00 – 3.00	Treating phobic dental patients: evidence and experience Jennifer Pinder	
3.00 – 3.30	Biting the bullet – caring for patients with cancer Eleanor O’Sullivan		3.00 – 3.30	Head and facial trauma in sport Eanna Falvey	
3.30 – 4.00	TEA/COFFEE		3.30 – 4.00	TEA/COFFEE	

ESTUARY SUITE

Both programmes will merge for the last two presentations – two fascinating topics, not to be missed by any team member.

4.00 – 4.45 **Psychological approaches to dental anxiety: a proportionate approach**
Tim Newton

4.45 – 5.30 **Bad science**
Ben Goldacre





Protecting teeth from the perils of snacking



Busy lifestyles are bringing with them a gradual but significant change in our traditional eating habits. Whether it's grazing or snacking, it comes down to the fact more of us are grabbing something to eat on the go when and where we can. These changing eating habits mean that teeth can come under pretty sustained attack from plaque acids during the day while all this snacking and grazing is going on and consumers are generally unaware of the dental health dangers associated with a grazing habit.

All of this puts the oral hygiene benefits of chewing sugarfree gum into a new lifestyle context and a recommendation to your patients to chew sugarfree gum after eating and drinking is more relevant than ever before.

Extensive research supports the oral hygiene benefits of chewing sugarfree gum, based on the simple science that chewing for 20 minutes after eating or drinking increases the production of saliva which helps clean the teeth and neutralise plaque acids. So it really is a non-disruptive and simple oral care habit when brushing and flossing just isn't possible or convenient.


Resource for dental care professionals

The Wrigley Oral Healthcare Programme (WOHP) website (www.wrigleyoralhealthcare.ie) has been designed exclusively for dental professionals. It is the place to find out more about the science, get information about the Extra® product range (which carries IDA accreditation,) find industry news and read about the dental professional ambassadors who support WOHP. There is also the opportunity to order free samples of Extra® to support a recommendation to chew for your practice patients.



Wrigley is delighted to support the IDA Annual Conference 2015.

PROGRAMME 1		ESTUARY SUITE		PROGRAMME 2		MARQUEE	
10.00 – 11.00	The painless management of the oral surgical patient Tara Renton	10.00 – 11.00	Dental caries for young children – what are the challenges, what are the answers? Stephen Fayle				
11.00 – 11.30	TEA/COFFEE	11.00 – 11.30	TEA/COFFEE				
11.30 – 12.15	Maryland bridges – a useful ally in practice Edward Cotter	11.30 – 12.15	Surgical extractions – practical tips to improve your clinical outcomes and avoid problems Mairead Cashman				
12.15 – 1.00	Outcome in endodontics: who are we failing? Hal Duncan	12.15 – 1.00	Predictable aesthetics and longevity with veneers Sean McCarthy				
1.00 – 2.00	LUNCH	1.00 – 2.00	LUNCH				
2.00 – 2.45	Post and core: update 2015 Ken Kurtz	2.00 – 2.45	One team, one dream Mhari Coxon				
2.45 – 3.30	The role of orthodontics in the comprehensive treatment of the adult patient Tom Houlihan	2.45 – 3.30	50 shades of grey – getting a diagnosis from your radiograph Andrew Bolas				
3.30 – 4.00	TEA/COFFEE	3.30 – 4.00	TEA/COFFEE				
4.00 – 4.45	Infection control – new guidelines Nick Armstrong	4.00 – 4.45	Socket preservation following tooth extraction Bob Horowitz				



DeCare Dental

DeCare Dental's Healthy Smiles plans and our TeamCare Corporate plans help our members manage the cost of their routine dental bills and their dental health.

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- We have been insuring Irish Smiles since 2004 – it's what we do.
- We are a specialist dental insurance and oral health company.
- DeCare is a subsidiary of DeCare Dental LLC, an experienced global dental benefits company that supports over 9 million members worldwide.
- Our friendly customer services team in Claremorris ensure a claims process that is fast and easy.

We look forward to seeing you at the Annual Conference of the Irish Dental Association on the 17th & 18th April 2015 in Rochestown Park Hotel, Cork.

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DENTAL NURSES SYNDICATE 2 + 3

- 10.00 – 10.45 **How to make yourself indispensable at work and have fun**
Mhari Coxon
- 10.45 – 11.15 TEA/COFFEE
- 11.15 – 12.00 **Communication – what makes a difference**
John Tiernan
- 12.00 – 12.45 **Who wants to be a dental radiologist?**
Andrew Bolas
- 12.45 – 2.00 LUNCH
- 2.00 – 3.00 **Jack of all trades – the role of the dental nurse**
Laura Horton and Michael Bentley
- 3.00 – 3.45 **Safe hands prevent harm**
Jane Renehan
- 3.45 – 4.30 **Oral surgery for the dental nurse**
Mairead Cashman
- 4.30 – 5.00 **Open discussion**

DENTAL HYGIENISTS LAUREL SUITE

- 10.00 – 10.45 **Peri-implantitis: prevention, risk reduction and the role of the dental hygienist**
Bob Horowitz
- 10.45 – 11.15 TEA/COFFEE
- 11.15 – 12.00 **Caring for the smile makeover generation**
Mhari Coxon
- 12.00 – 12.45 **How to make yourself indispensable at work and have fun**
Mhari Coxon
- 12.45 – 2.00 LUNCH
- 2.00 – 2.45 **Maximising the potential of ultrasonic debridement**
Tim Donley
- 2.45 – 3.30 **Dental caries for young children**
Stephen Fayle

DENTAL TECHNICIANS BIRCH SUITE

- 9.45 – 10.15 **Innovations in conservative anterior aesthetic treatment**
Ken Kurtz
- 10.15 – 10.45 TEA/COFFEE
- 10.45 – 11.30 **Smile design – improve communication between dentist and technician**
Sean McCarthy
- 11.30 – 12.15 Edward Cotter
- 12.15 – 1.00pm Glenn McEvoy

WORKSHOPS OAK SUITE

CPR/Medical Emergency Workshop



CPR is a mandatory requirement for continuing professional development (CPD). All registered delegates will have the opportunity to take part in a CPR course on Saturday, April 18. All members of the dental team are welcome.

Booking on the day subject to availability.



Smile Beautifully Smile Confidently Smile Healthily

For more information, please contact your local BIOMET 3i Sales Representative today!
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Listerine® Advanced Defence Gum Treatment cuts gingival bleeding by 50.9% in just 4 weeks!

Introducing the latest in the professional range from LISTERINE® – a twice-daily mouthwash clinically proven to treat gum disease as an adjunct to mechanical cleaning.

Advanced Defence Gum Treatment is an alternative to chlorhexidine-based remedies. It's formulated with unique LAL (L-thyl Lauryl Arginate) technology that forms a physical coating on the pellicle to prevent bacteria attaching, and so interrupts biofilm formation.

When used after brushing it treats gum disease by reducing bleeding, 50.9% (p<0.001) in only 4 weeks.¹

In addition, Advanced Defence Gum Treatment is designed to not cause staining.²

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Advanced Defence against gum disease

References:
 1. Bleeding Index Reduction 50% (p < 0.001) (AFBAC001)
 2. 100% reduction in stain-mouth stain (Bleeding Index) at 4 weeks, 2,000 7-10/01/0007/10000
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HOTELS

Rochestown Park Hotel	021-489 0800
€110 Single €120 Double	
Maryborough House Hotel	021-436 5555
€115 Single €150 Double	
Raddison Hotel Little Island	021-429 7000
€115 Single €150 Double	

BED & BREAKFAST (in close proximity to the Rochestown Park Hotel)

Acorn Lodge – Rochestown road	021-436 4421
Belvedere House – Douglas Road	021-429 4545
Ballystrad House – Rochestown Road	087-133 2740
Briarville B&B – Douglas Road	021-489 1597
Coach Hill House – Rochestown Road	021-489 3679

RESTAURANTS

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www.jacquesrestaurant.ie	
Market Lane, 5-6 Oliver Plunkett Street	021-427 4710
www.marketlane.ie	
Café Paradiso, 16 Lancaster Quay	021-427 7939
www.cafeparadiso.ie	
Fenns Quay, Sheares Street	021-427 9327
www.fennsquay.net	
Greenes, 48 MacCurtain Street	021-455 2279
www.greenesrestaurant.com	

TRAIN STATION	021-450 6766
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BUS STATION	021-450 8188
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CORK AIRPORT	021-431 3131
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SOCIAL

THURSDAY, APRIL 16

President's Golf Competition

Cork Golf Club, Little Island

The President's Golf Competition will take place from 2.30pm. For anyone who is registered for a pre-conference course on Thursday April 16, and who would like to play golf, there is the option to play on Wednesday, April 15, in the afternoon instead. Tee time: 2.30pm
Green fees: €50

Playing in three balls

As well as conference delegates, accompanying persons and all trade exhibitors are also welcome to play. Only registered delegates can be eligible for the President's Prize.

Trade show opening party

The "Evidently" trade show will be officially opened by the newly inaugurated IDA President, Dr Anne Twomey at 8.00pm on Thursday evening (directly after the AGM) in the trade show area. All delegates and trade show sponsors are invited to attend. Fun, music and drinks will be provided for all. Come along and enjoy the party!

Buffet supper

Everyone is invited to join us for a buffet supper in the Rochestown Park Hotel from 9.00pm. Tickets are priced at €25 and are available from IDA House or on the enclosed registration form. Entertainment provided.

FRIDAY, APRIL 17

Annual Dinner

The Annual Dinner will take place on Friday evening. A drinks reception will take place at 7.30pm followed by dinner and dancing. Dress code is black tie. Tickets (€85) available from IDA House. The guest of honour will be Donal Óg Cusack, former Cork hurler, GAA pundit, and Chairman of the GPA. All dental team members, trade members and are friends welcome.



SATURDAY, APRIL 18

5K Dental Team Fun Run

2015 will see the continuation of the 5K fun run. Kick start Saturday April 18 with an energising run, jog or walk around the Douglas area of Cork City. Get the whole dental team involved. Prizes for best team effort. All proceeds to Irish Guide Dogs for the Blind. Registration on the morning.



Past Presidents' Lunch

The Pulpit

The Annual Past Presidents' Lunch will take place in The Pulpit at 1.00pm.

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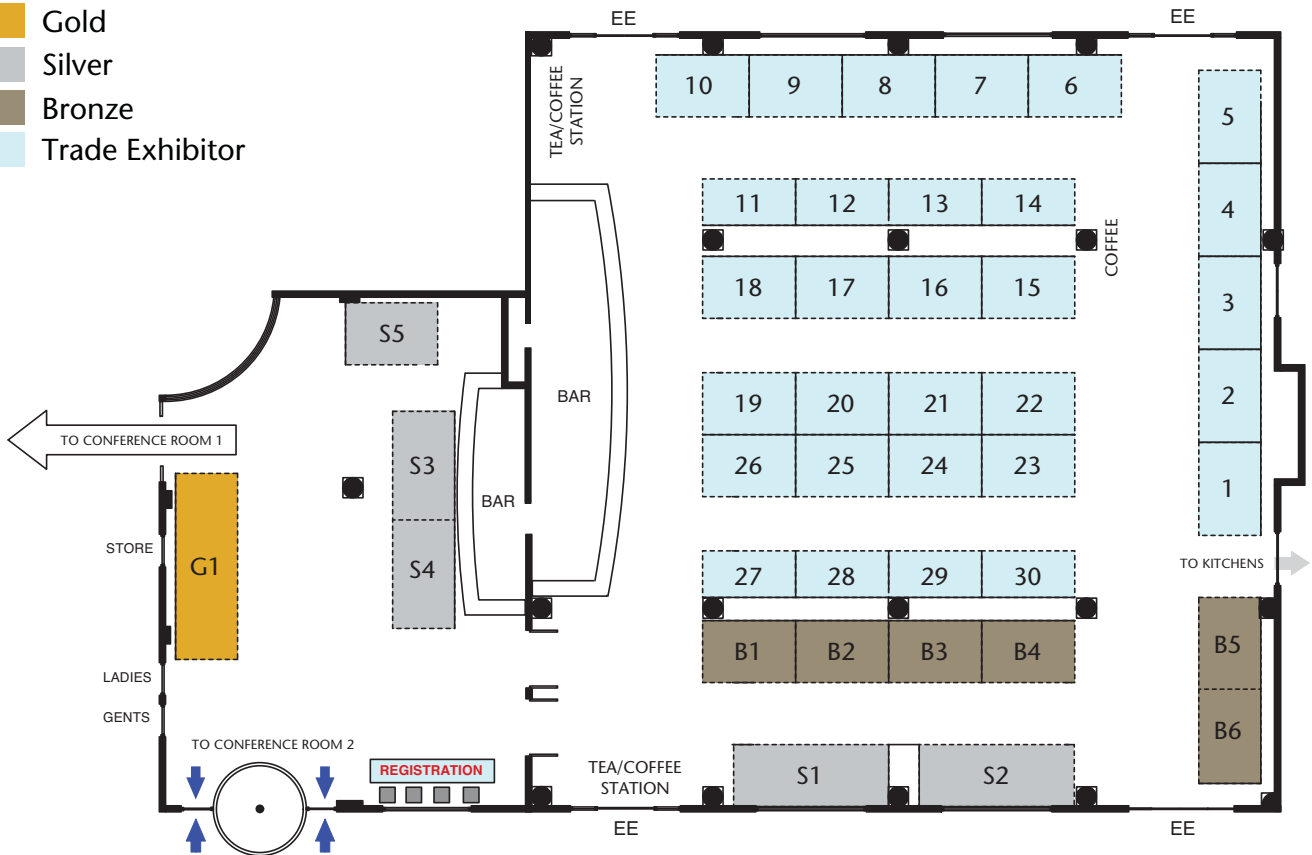
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NICK ARMSTRONG

Former principal dental surgeon, HSE, and current member of IDA Quality & Patient Safety Committee.

Infection control – new guidelines

The presentation will cover the updated Dental Council Code of Practice relating to Infection Prevention and Control, which is due to be published in April. The main changes to the Code and means of compliance will be discussed in the lecture.



MICHAEL BENTLEY

Consultant, Horton Consultants

Jack of all trades – the role of the dental nurse

In this presentation, Laura and Michael Bentley will share their knowledge and help the delegates to become effective at performing two roles or more in the practice. Many team members have multi-roles such as dental nurse and manager. This can lead to a feeling of being overwhelmed as the team member tries to 'juggle' several balls at once. Laura and Michael have been in this position and will share with you their tips to encourage a proactive work environment for the multi-role team member.



ANDREW BOLAS

HSE dental surgeon, Sligo, oral surgeon and part-time lecturer in dental radiology in Dublin Dental University School & Hospital

50 shades of grey – getting a diagnosis from your radiograph

This presentation will cover the principles of diagnosing pathology on radiographs.

Who wants to be a dental radiologist?

An interactive quiz to increase your knowledge of dental radiology.



PJ BYRNE

Practice limited to periodontics and oral surgery, Dublin

Crown lengthening – techniques for improving success in restorative and cosmetic dentistry

This practical half-day, hands-on course will review the indications and applications of clinical crown lengthening as an integral part of comprehensive diagnosis and treatment planning for your patients. The current surgical and non-surgical techniques will be reviewed with regard to obtaining the optimum functional and aesthetic results in your patients.



MAIREAD CASHMAN

Consultant Oral and Maxillofacial Surgeon, Cork

Surgical extractions – practical tips to improve your clinical outcomes and avoid problems

This presentation will cover the assessment and removal of teeth which may require surgical extraction. Where do the main problems arise and how can these problems be anticipated and managed? What are the key consent issues and pitfalls in this area of dentistry? Practical tips to ensure a successful outcome will be discussed.



DAVID CLARKE

Founder, Academy of Microscope Enhanced Dentistry, Director, Newport Coast Oral Facial Institute

Contemporary aesthetic anterior composite dentistry

David will explore the exciting role of direct composites for single tooth and full arch aesthetic reconstruction of anterior teeth. Injection moulding with a single shade of composite using the infinity edge margin provides an alternative to traditional fussy layering. Learn why shape is more important to patients than shade. Elimination of the dreaded black triangle, papilla regeneration, and elimination of marginal staining will be explained in still and video imagery. Practical step-by-step details will help clinicians to implement these changes on 'Monday morning'.



DECLAN CORCORAN

Practice limited to periodontics and implant dentistry, Dublin

Crown lengthening – techniques for improving success in restorative and cosmetic dentistry

This practical half-day, hands-on course will review the indications and applications of clinical crown lengthening as an integral part of comprehensive diagnosis and treatment planning for your patients. The current surgical and non-surgical techniques will be reviewed with regard to obtaining the optimum functional and aesthetic results in your patients.



EDWARD COTTER

Practice limited to prosthodontics, maxillofacial prosthetics and dental oncology, Dublin

Maryland bridges – a useful ally in practice

Discussion of the different uses of Maryland bridges and their success rates, and the factors involved in their success.



MHARI COXON

Dental nurse, dental hygienist and dental business consultant

One team, one dream

This talk will look at how to lead a team, as well as how to set up key performance indicators and track your way to success.

How to make yourself indispensable at work and have fun

This lighthearted talk looks at motivation; building a plan to help you get the best out of your working and personal life.

Caring for the smile makeover generation

This talk will look at ageing patients' expectations, care requirements and maintainance.



STJOHN CREAN

Dean, School of Medicine and Dentistry, and Professor of Medicine in Dentistry, University of Lancashire

Risk assessing potential medical challenges to predictable treatment provision

Dental treatment is becoming increasingly complex, with advances in materials, investigations and techniques. The modern dental professional needs to understand the impact medical conditions and their pharmaceutical treatments may have upon safe and predictable care provision as well as the health of the oral cavity. This talk will provide examples of the medical challenges faced within dentistry and how to predict and prevent problems.



TIM DONLEY

Private practice in periodontics and implantology, Kentucky, US

How to use the oral systemic link to help your patients and your practice

Nutritional changes can have a dramatic effect on the host inflammatory response. Carbohydrates, fats and flavonoids can play a role in periodontal management. Come learn specific recommendations that you can make to your patients to boost their response to periodontal therapy.

Maximising the potential of ultrasonic debridement



TERRY DONOVAN

Professor and Section Head for Biomaterials, University of North Carolina at Chapel Hill, School of Dentistry, Department of Operative Dentistry

Diagnosis and management of dental erosion

Early recognition of dental erosion is important to prevent serious irreversible damage to the dentition. This requires awareness of the clinical appearance of erosion compared to other forms of tooth wear. The primary dental care team has the expertise and the responsibility to provide this care for their patients with erosion.



ALISON DOUGALL
Consultant in Medically Compromised Patients at Dublin Dental University Hospital

Dementia – caring for our patients with dementia

Studies show that we have a higher proportion of older people in our patient cohort and that at least 20% of them will develop dementia. This presentation will discuss the role of the dental team, including decision making and treatment planning, and will offer practical and pragmatic solutions to address the medical, social and behavioural challenges that can threaten oral health and quality of life for our older patients.



HAL DUNCAN
Lecturer/Consultant in Endodontics, Dublin Dental University

Outcome in endodontics: who are we failing?

Conflicting evidence surrounds the success (or otherwise) of endodontic procedures. Technical excellence and biological know-how can deliver predictable results, so why are we failing to deliver predictable endodontic outcomes to all our patients? This lecture will analyse this discussion, while offering practical advice to maximise success in a range of endodontic procedures. The theme of evidence base will be tested, with a caustic and sympathetic look at some current literature on endodontic outcome.



EANNA FALVEY
Consultant Sports & Exercise Medicine Physician, Cork

Head and facial trauma in sport

Trauma to the face, head and teeth is common in sport. Dental trauma may be a harbinger for underlying trauma. We discuss mandibular fracture, gum shield use, headgear use and concussion in sports such as rugby, boxing and cycling.



STEPHEN FAYLE
Consultant in Paediatric Dentistry

Dental caries for young children – what are the challenges, what are the answers?

This presentation will enable practitioners to better understand the current challenges presented by dental caries in children and explore how these challenges might be most effectively met.

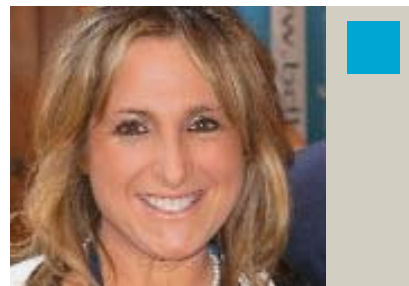
Dental caries in young children: meeting the challenges – a team approach



BEN GOLDACRE
Medical physician, author and columnist

Bad Science

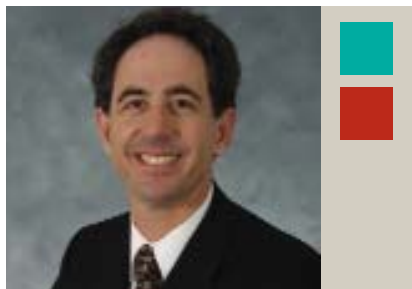
Dr Goldacre dispenses fast and powerful relief from scaremongering journalists, pill-pushing nutritionists, flaky statistics and evil pharmaceutical corporations.



LINDA GREENWALL
Prosthodontist and Specialist in Restorative Dentistry

White, whiter, whitest: success strategies for predictable tooth whitening

This course will discuss current tooth whitening techniques, and new innovations. It will describe the classification of bleaching techniques to assist with treatment planning and discuss how to obtain successful outcomes. Why tooth whitening is the practice of dentistry and not whitening kiosks will be discussed. How and what to evaluate for new patients will be covered, as well as bleaching-related sensitivity. The question of how white is white enough will also be discussed.



ROBERT HORROWITZ
Clinical Assistant Professor in Periodontology and Implant Dentistry at New York University

Peri-implantitis: prevention, risk reduction and treatment

Peri-implantitis is a destructive plaque-induced condition in the alveolar process. In their 2008 paper, Zitzmann and Berglundh described it as a condition around an endosseous implant with greater than 6mm probing depth and bone loss of 2.5mm or more. Commonly seen symptoms are an increase in probing depth, bone loss and clinical attachment loss. The gums are often inflamed, bleed on probing and may exude purulence on palpation.



LAURA HORTON
Consultant, Horton Consultants

Jack of all trades – the role of the dental nurses

In this presentation Laura and Michael Bentley will share their knowledge and help the delegates to become effective at performing two roles or more in the practice. Many team members have multi-roles such as dental nurse and manager. This can lead to a feeling of being overwhelmed as the team member tries to 'juggle' several balls at once. Laura and Michael have been in this position and will share with you their tips to encourage a proactive work environment for the multi-role team member.



TOM HOULIHAN
Orthodontist, private practice, Dublin

The role of orthodontics in the comprehensive treatment of the adult patient

Adolescent orthodontics usually involves occlusally driven, standardised treatment protocols to achieve an angle class I occlusion. Adult orthodontics typically involves restoratively driven, prescription treatment protocols to achieve improved tooth position for the restorative dentist. This presentation will delineate the differences between adult and adolescent orthodontic treatment and illustrate several problems with adult tooth position that can be improved with adjunctive orthodontic treatment.



KEN KURTZ
Professor and Associate Director of the Advanced Education Programme in Prosthodontics at NYUCD

Post and core: update 2015

A wide variety of alternatives exist for fabricating posts/cores to serve as a foundation for an onlay or crown. A review of prefabricated alternatives versus custom cast, and indications for this treatment modality, will be presented.

Innovations in conservative anterior aesthetic treatment

Prosthodontists must embrace out-of-the-box treatment philosophies as a preferred approach for patients with unique treatment issues.



SEAN MCCARTHY
Practice limited to prosthodontics, Cork

Predictable aesthetics and longevity with veneers

Addressing the principles of aesthetics, veneer preparation, provisionalisation and seating, this lecture aims to give the clinician a better understanding of the veneer process as a whole. It is also intended to help clinicians achieve effective treatment outcomes through diagnostics, sequential treatment planning, and operative procedures. The techniques will be illustrated with a range of case presentations showing the multiple applications of porcelain laminate veneers.



GLENN MCEVOY
Managing Director of Eurocast dental laboratory.



MICHELLE MURPHY
 Consultant Dermatologist in South Infirmery Victoria University Hospital & Cork University Hospital, and Senior Lecturer in Medical Education, UCC

Dermatology for dentists

An overview of common dermatoses, and precancerous and cancerous lesions that occur on the lips and face.



Journal of the Irish Dental Association Speaker

TIM NEWTON
 Professor of Psychology as Applied to Dentistry, King's College London

Psychological approaches to dental anxiety: a proportionate approach

Dental anxiety is common and interferes with dental treatment, as well as leading to stress in the dental team. The level of dental anxiety that presents in dental practice varies from mild to phobic. This lecture will explore the nature of dental anxiety and outline interventions aimed at alleviating dental anxiety that are proportionate to the level of anxiety experienced by the patient.



PAT O'DRISCOLL
 Practice limited to endodontics, Cork

Top ten endodontic tips for general practitioners

General dental practitioners appear to either relish or dread the challenges presented by endodontics. Evolving techniques and materials will be presented to make the treatment less of a challenge and more of an enjoyable experience, both for the practitioner and the patient. The lecture will contain a number of tips, from diagnosis to completion.

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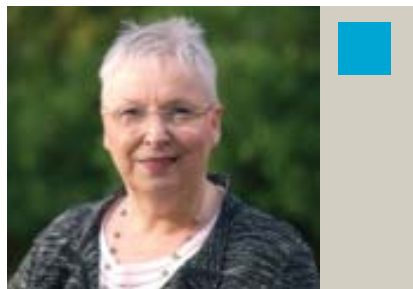
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ELEANOR O'SULLIVAN
Senior Lecturer, University Dental School and Hospital, Cork

Biting the bullet – caring for patients with cancer

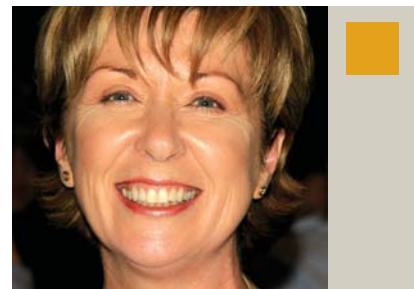
One in three people in Ireland will develop cancer during their lifetime. Currently, over 30,000 new cancer cases are diagnosed each year in Ireland and this is set to rise to 40,000 by the end of this decade. As many cancers can now be controlled and managed for long periods of time in a community setting, this lecture seeks to support GDPs faced with the challenge of providing safe and appropriate dental care to oncology patients.



JENNIFER PINDER
General Dental Practitioner, London

Treating phobic dental patients: evidence and experience

Patients who have difficulty having dental care due to anxiety are part and parcel of daily dental practice. Understanding the challenges and finding solutions helps to achieve successful outcomes. The initial assessment is the key to discovering what the underlying problems are so that a plan to help the person achieve the necessary dental treatment can be drawn up. Practical tips for common problems, plus some new developments in technology, will be discussed. Patients benefit from a better understanding of their difficulties, dentists can be less stressed, and it is a great practice builder.



JANE RENEHAN
Principal Dental Surgeon, HSE Dublin North City

Safe hands prevent harm

Compliance with good practice in hand hygiene and sharps regulations is essential to keep both dental team members and patients safe. This presentation will explore the core principles of both basic hand hygiene technique and the recently published sharps regulations legislation. As these areas may be audited by various regulatory bodies, it is imperative that they are understood and correctly practised by dental team members.



TARA RENTON
Professor in Oral Surgery, Kings College London

The painless management of the oral surgical patient

This lecture will update participants in the prevention and management of trigeminal nerve injuries during dental surgery.

Objectives

The following will be discussed: the patient's perspective; diagnosis of trigeminal nerve injury; the challenges presented in the management of nerve injuries; an overview of minimising risk with particular reference to specific procedures; and, the outcome of nerve injuries.



JOHN TIERNAN
Director of MPS Educational Services

Stuff happens and we ignore the evidence

This presentation will look at three areas of practice and question why we appear to be ignoring evidence that could make our practices safer. The presentation will also look at strategies to help counteract our natural reactions in these situations.

Communication – what makes a difference

If only people heard the same things that we say, the world would be an easier place! John will examine the difficult world of communication within dental teams and with patients, looking at its importance in delivery of quality care.



HELEN WHELTON
Dean, Professor of Dental Public Health and Preventive Dentistry, University of Leeds School of Dentistry

Fluoride and public dental health 70 years on. Is it still relevant?

This presentation considers the impact of water fluoridation and fluoride toothpaste on oral health using national and international research. The rationale for current guidance on use of fluorides is considered and gaps in our knowledge identified. Currently wide variation exists in the advice given on the use of fluoride toothpaste by children. This presentation clarifies the scientific basis for appropriate guidance for dentists to give patients regarding fluoride in an Irish setting.

Annual Conference

PRE-CONFERENCE COMBINATIONS –

please indicate your choice(s) by ticking relevant box



	MEMBERS		NON-MEMBERS	
	Early booking Before March 30	Late booking After March 30	Early booking Before March 30	Late booking After March 30
Limited to 16 for each session				
HALF DAY HANDS ON <input type="checkbox"/> MORNING				
<input type="checkbox"/> OVERDENTURES – Ken Kurtz				
<input type="checkbox"/> Overdentures + 1 Day Main Conference	<input type="checkbox"/> Fri	<input type="checkbox"/> Sat	<input type="checkbox"/>	<input type="checkbox"/>
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HALF DAY LECTURE/PRACTICAL AFTERNOON ONLY				
<input type="checkbox"/> CROWN LENGTHENING – PJ Byrne & Declan Corcoran				
<input type="checkbox"/> Crown lengthening + 1 Day Main Conf.	<input type="checkbox"/> Fri	<input type="checkbox"/> Sat	<input type="checkbox"/>	<input type="checkbox"/>
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<input type="checkbox"/> ULTRASONICS – Tim Donley				
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<input type="checkbox"/> President's Prize Golf				
<input type="checkbox"/> Buffet Dinner, Thursday				

Annual Conference Registration Form

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IDA membership number (if applicable):

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Hygienist:

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Nurse:

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Technician:

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Name:

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Address:

Email:

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Landline:

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Mobile:

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Team member 1 name:

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Nurse:

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Hygienist:

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Technician:

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Team member 2 name:

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